

TILAK MAHARASHTRA VIDYAPEETH
INSTITUTE OF NURSING EDUCATION AND RESEARCH, PUNE
GULTEKDI PUNE

REPORT ON WORLD HEART DAY

Name of the event: Celebration of World Heart Day.

Organizer: Tilak Maharashtra Vidyapeeth' Institute of Nursing Education and Research

Date and time: 29.09.2022

Participants: First year, S. Y. B. B. Sc. Nursing, and Final Year B. B. Sc. Nursing students

Theme: Use heart for every heart

On the occasion on World Heart Day various activities were organized by Medical Surgical Nursing Department on the theme “**Use heart for every heart**”. The day started with presenting of heart shaped badges to Principal Dr. Madhuri Shelke and Faculty which was prepared by second year students.

The 15 students from all the batches presented s street play at the Swargate Bus stop. The street play was scripted by Final year student Mr. Vedant Mandale in Hindi. The street play highlighted the following points.

- Causes of Cardiovascular problems
- How to recognise the signs and symptoms of heart problems
- Prevention through diet and exercise
- Regular check up
- Demonstration of CPR.

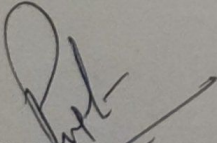
In the evening the 2nd year students presented a panel discussion on the theme “**Know your heart**” . the following students participated in the discussion:-

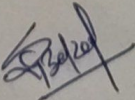
- Ms Rajeshree Meshram- Moderator
- Ms. Shital Kamble- Pannelist
- Ms Khusboo singh- Pannelist
- Ms Leena Aware- Pannelist
- Mr Aditya Bagade-Pannelist

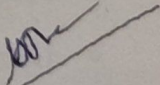
The panel discussion was conducted for the final year as well as the first year students to increase their knowledge and awareness regarding Heart diseases. Before the session Dr. Perpetua Fernandes unveiled the theme and explained the theme and its importance. The panellist then discussed about the epidemiology, modifiable and non modifiable factors, various diagnostic tests carried out both invasive and non invasive test. The preventive measures as well as the medical, surgical and nursing management were presented. After the panel discussion students asked questions which was answered by the pannelist.

After the panel discussion Principal Madam Prof. Dr. Madhuri Shelke explained the importance of CPR and also shared her experience of Jaslok and shared the news of the nursing student who saved the life of a person by giving CPR. Madam congratulated the students and the session ended with vote of thanks

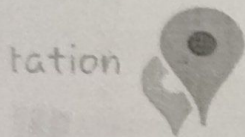
At the end of the session questions were asked on myth, The session ended with vote of thanks which was proposed by Prof. Dr. Perpetua Fernandes Vice-Principal (INER).


Prof. Dr. Perpetua Fernandes


Mrs. Shilpa Bakal
Program Coordinator

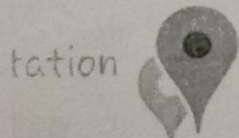

Prof. Dr. Madhuri S Shelke
Principal

Principal
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Tilak Maharashtra Vidyapeeth Trust
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